

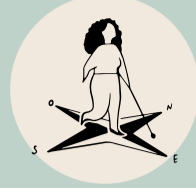
# Safety

It refers to spatial physical and social configuration that contributes to improve autonomy and freedom to use public spaces and services, and in this case, to develop and promote the physical and sport practice through the integration of 6 urban qualities: visible, equipped (infrastructure), signage, vital, (informally) surveilled and communitarian.



## Informal surveillance

This condition guarantees attention to an unwanted situation through conditions that promote informal surveillance and access to help. Informal surveillance promotes "care" as a share task among equals and in a solidarity and non-authoritarian way.



## Signage

This condition guarantees the principal of knowing where you are and where you go, with visual, sound and tactile information and signage that helps to orient ourselves easily; placed in a clear, precise and equitable way to recognize and understand the characteristics of the service; and with a non-sexist and diverse language and iconography.



## Social and community network

This condition promotes social cohesion, appropriation of spaces and sense of belonging in the environment and as part of a community. Building a community network means to foster active participation of women and gender dissidences and the community.



## Visibility

This condition guarantees the principle of see and be seen, perceive and be perceived in the space and in equitable conditions. It includes physical aspects of urban planning, from ensuring broad visibility in the environment, for example avoiding corners, to guarantee visibility after dark. It also responds to symbolic elements that objectivize, victimize or make invisible women.



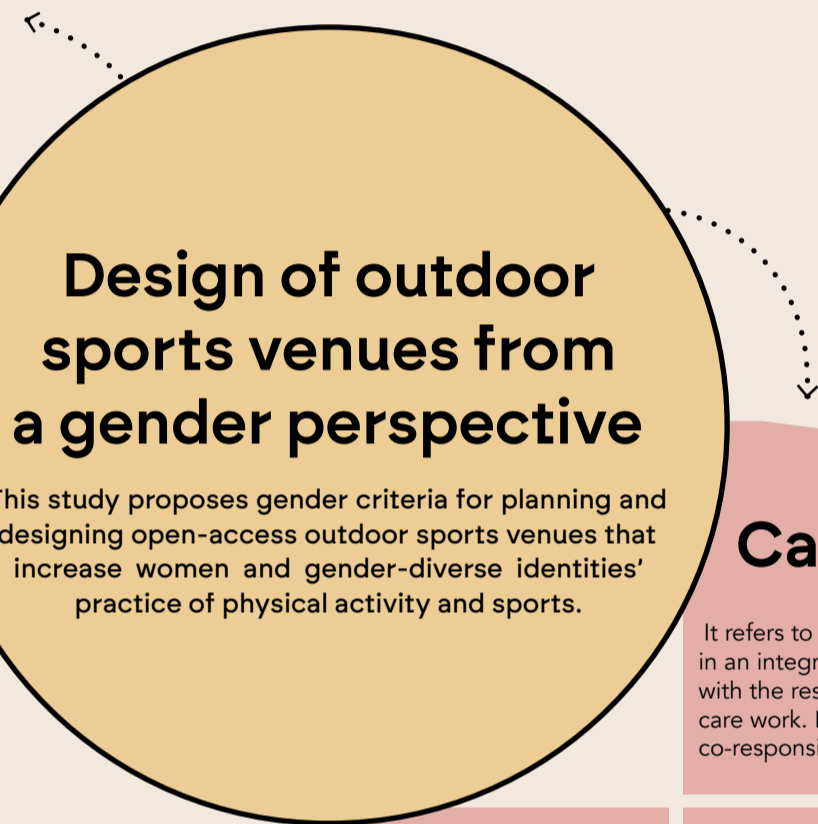
## Infrastructure

This condition promotes the availability of infrastructures and elements that support everyday life activities, ensuring a clean and welcoming environment with characteristics that support the development of physical and sport activities.



## Vitality

This condition responds to the principal of hearing/ perceiving and be heard/be perceived. Vitality happens through the simultaneous and continuous presence of diverse people and activities and uses around outdoor sport facilities at different times of the day.



This study proposes gender criteria for planning and designing open-access outdoor sports venues that increase women and gender-diverse identities' practice of physical activity and sports.

# Care

It refers to the physical and social needs that enable, in an integral way, the reconciliation of sports practice with the rest of everyday life activities, especially, care work. It responds to the conditions of proximity, co-responsibility, accessibility and habitability



## Co-responsibility

It responds to the need to recognize and share collectively the responsibilities of care work in the community. This acknowledgement implies to value care activities, as well as planning the elements and services need to support and help co-responsibility.



## Habitability

It guarantees adequate and healthy conditioning to meet the needs of integral, emotional and physical health and to stimulate wellbeing.



## Proximity

Condition that promotes a close location in space and time, the continuity of activities and an active and sustainable connectivity, free of physical and socioeconomic barriers.



## Accessibility

It guarantees universal access through the physical configuration, location, signage and information and responds to the characteristics that enable the access, use, understanding and enjoyment of an environment, from a physical, sensory and cognitive perspective.

# Equity

Aquest àmbit fa referència a un accés just i igualitari a la pràctica físicoesportiva de totes les persones independentment de les seves condicions de classe, gènere, raça, edat, capacitats, origen, identitat sexual o lloc on es visqui. Donen resposta a les necessitats atenent les condicions de la interacció, la representativitat i la participació.



## Interaction

Condition that favors the relationship between the services and facilities of an environment and the accessibility to the network of physical and sport practices, sharing resources, infrastructure and activities.



## Participation

Condition that acknowledges users, especially women and gender-dissidences, as subjects with agency to decide and act in their environment. Enable participatory processes to evaluate, decide and manage sports spaces recognizing the everyday life experience of users and residents, to adequate spaces and services to their needs.



## Representativity

Condition that guarantees the physical and symbolic recognition and visibility of the whole community, valuing the memory and the cultural and social patrimony from a gender perspective, responding to the diverse characteristics of people, in particular, women and gender-dissidences. This condition guarantees that diverse people feel represented in the physical and social environment.

# Safety



## Infrastructure

1. Infrastructure for diverse physical and sport practices in the public space with essential services and facilities.
2. Urban furniture that support complementary activities to the physical and sport practice: resting, socializing, accompanying and refreshment.
3. Continuity of healthy itineraries and sport circuits, with safe crossing.
4. Infrastructure that fosters active and sustainable mobility as well as connectivity with physical and sport spaces.
5. Cleaning, maintenance and care of urban landscape.
6. Free Wifi service.



## Vitality

1. Planning mixed uses and activities that foster ground floor retail activity and the presence and circulation of people on the street.
2. Municipal uses plans to balance activities and schedules.
3. Wide and diverse schedule of activities.
4. Activation and adaptation of hidden areas or abandoned spaces through the introduction of mobility activities (bike lanes) or physical and sports activities.
5. Facilitation of physical and sports group activities in the public space to encourage the presence of people.
6. Strategies to reduce Estrategias para reducir monopolized use of space and guarantee a diverse vitality.



## Informal surveillance

1. Relació entre l'interior i l'exterior de les plantes baixes i façanes, per garantir ulls al carrer i relacions que generin confiança.
2. Simultaneïtat d'usos als espais públics i de practica fisicoesportiva amb espais de descans, d'espera i de trobada.
3. Botons d'ajuda SOS als espais públics, equipaments quotidians i al transport públic per atendre emergències.
4. Protocols d'abordatge contra les violències masclistes i LGTBfòbiques amb serveis, recursos i espais d'informació i atenció.
5. Recursos i serveis existents per a dones i persones LGTBQ+.



## Signage

1. Interior and exterior relationships on façades and ground floors, to guarantee eyes on the street and trusted relationships.
2. Simultaneity of uses in public spaces and physical and sport spaces with rest, waiting and meeting areas.
3. SOS help buttons in public spaces, everyday life facilities and public transport to respond emergencies.
4. Protocols to address gender-based and lgtbiphobic violence with services, resources and spaces of information and attention.
5. Resources and services for women and the LGTBQ+ community.
6. Social networks of support and trust.



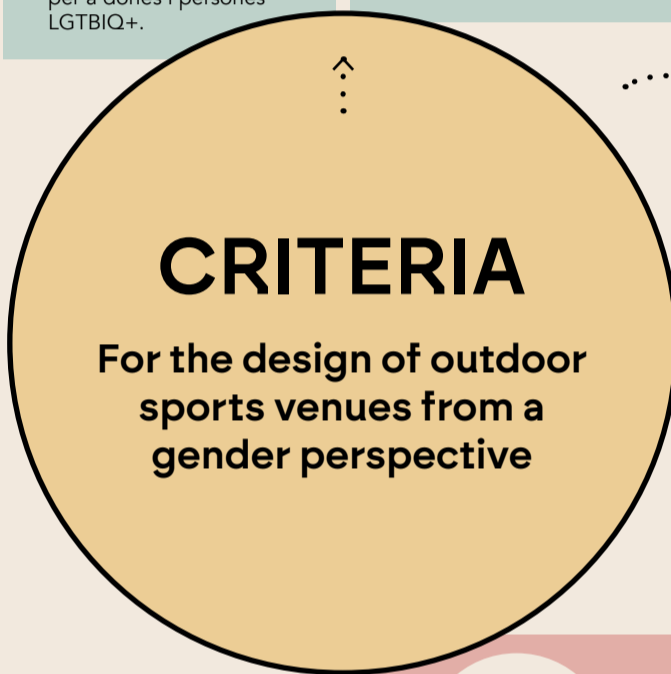
## Social and community network

1. Actions of community appropriation of public spaces.
2. Fostering self-management and community management of spaces of physical and sport practices.
3. Acknowledgment of feminist self-defense tools and the role of existing community self-management in the territory and work towards a coordinating structure.
4. Specific programs and facilitation to share knowledge between neighbors and people engaging in physical and sports practices.
5. Awareness raising tools to eliminate stigma among discriminated and vulnerable collectives or spaces at risk of stigmatization.



## Visibility

1. Broad visibility in the design of spaces, without corners, blind walls and enclosures or hidden areas.
2. Continuous, homogenous and maintained illumination, without contrasts and obstructions.
3. Transparent materials used in elements of the everyday life network as well as in the spaces and itineraries of physical and sport practice.
4. Connecting activities and spaces through visual relationships and guaranteeing grades of privacy.
5. Women and gender-dissidences' symbolic visibility that breaks stereotypes and discriminations.



6. Communication campaigns about gender-based violence from a non-victimization approach. masclista des d'un abordatge no victimitzador.

# Equity



## Interaction

1. Strategies for connecting sports facilities and services.
2. Shared services between sports facilities and open-access outdoor sports venues.
3. Strategies for connecting everyday and sport facilities and increase infrastructures for the physical and sport practice.
4. Coordination and management between different administrations to increase the opportunities of physical and sports practice.
5. Map with clear and readable information of the everyday life network, and available services and facilities.



## Participation

1. Integrating community participation in decision-making spaces.
2. Active participation of the diverse people from the community, especially women and gender-dissidences and other underrepresented voices.
3. Acknowledgement of community spaces of participation which are not part of the institutional structure.
4. Integrating users experiences, the use and the governance of sports infrastructure in community participation processes.
5. Evaluation and suggestion tools.



## Representativity

1. Diversity of offer, schedules and purpose of physical and sport activities (competition-cooperation, team-individual) for a diverse audience.
2. Gender segregated data that analyses inequalities and gender-based violence.
3. Communication materials that make visible the diversity of bodies, gender and cultural identities and forms of practicing and understanding the physical and sport activity.
4. Visibility of women and gender-dissidences who are social references in sports.
5. Recognition of spaces of community memory and integration of a feminist perspective.
6. Non-Binary restrooms units and changing rooms to ensure privacy and accompany care tasks.



## Co-responsibility

1. Provision of physical and sports activities that can help reconcile time with other caregiving, productive, personal or community activities.
2. Services that enable sports practice accompanied by a dependant.
3. Self-organized baby and infant care groups.
4. Public and free services of dependant's care that promote the access to physical and sports activities to care takers.
5. Simultaneous and inter-generational activities that facilitate care.
6. Adapted physical and sports activities to people requiring care.
7. Public, free, accessible, signposted, clean, comfortable and safe toilets and care infrastructures.

## Care

## Habitability

1. Comfortable spaces with adequate temperature through the year, in contact with nature and designed with natural materials.
2. Connected with the network of climate shelters.
3. Free, accessible and public water sources, with rest areas.
4. Healthy and pleasant construction elements and materiality adapted to the use and climate.
5. Location in air and noise pollution-free environments
6. Measure to mitigate and reduce noise pollution through the design, the materiality and the elements of the sports practice.
7. Measurements of the noise, visual and sensorial impacts.



## Proximity

1. Sports venues located close to everyday life activities: place of residence, work, and other services and facilities.
2. A network of sports venues connected in short distance by foot, bike or public transport.
3. Accesible and connected itineraries.
4. Diverse, close and connected facilities.
5. Information that guides and indicates travel times.
6. Attending the dependencies generated by sports facility located in urban limits with little vitality.



## Accessibility

1. Accessible itineraries in the surroundings and connected to the everyday life network.
2. Signposted accessible itineraries .
3. Signposted and equipped alternative accessible itineraries.
4. Analog and digital communication elements, adapted to diverse capabilities.
5. Public, free and accessible restrooms with priority access to people with disabilities.
6. Sports and play elements adapted to the needs of people with physical, sensorial and cognitive disabilities.